



## **FAMILY EVENING SESSIONS – 2022**

To Parents / Guardians,

Interrelate, in conjunction with Nords Wharf Public School P&C, are offering your family the following courses on **Monday 6<sup>th</sup> June, 2022**, that will be held in Nords Wharf school library.

### **Session 1: Where did I come from? (Years 3 & 4)**

**6.00pm**

During this session the following will be discussed:

- To help children aged 8-10 years gain an understanding of the structure and functions of the reproductive system in males and females.
- To provide information on conception (describing sexual intercourse, associated with love in the context of a caring relationship), foetal development and birth of a baby.
- To provide opportunities for parents and children to discuss various aspects of reproduction in an informal way.
- To reinforce the role of parents as a source of information on matters pertaining to sexuality and reproduction.

### **Session 2: Preparing for Puberty (Years 5 & 6)**

**7.15pm**

*(Years 3 & 4 at parent's/guardian's discretion)*

During this session the following will be discussed:

- To provide information on puberty for 10-13 year olds, in relation to the physical changes and emotional changes (in particular, helping them feel comfortable about their bodies and its functions; preparing them for the changes during puberty and dispelling the myths and providing accurate, understandable information).
- To help young people feel okay about being different. Everyone develops at a different rate, especially during puberty.
- To confirm their individuality and promote self-esteem.
- To facilitate communication between parents and their children and encourage young people to take their questions, problems and concerns to their parents.

The **cost of these sessions are subsidised by Nords Wharf Public School P&C**, therefore our families can attend for only \$20 for the evening.

Please complete the following form with your payment to the office before Friday 3 June 2022 with full payment and indication of the sessions you would like to attend.

If you have any questions about this program please do not hesitate to call the school office and leave a message for Mrs. Skinner.



## FAMILY EVENING PROGRAM

### INDICATION OF WHAT COURSES ATTENDING.

*Please complete and return the following permission note to the school office before Friday 3 June 2022.*

**FAMILY NAME** \_\_\_\_\_

Will be attending the following Interrelate Sessions on Monday 6 June 2022

- ☐ Session 1 – Where did I come from at 6pm
- ☐ Session 2 – Preparing for puberty at 7.15pm
- ☐ Enclosed is payment for \$20
- ☐ I have paid online. Receipt number \_\_\_\_\_

\_\_\_\_\_  
Parent/Carer Signature

\_\_\_\_\_  
Date

