



10 October 2017

## Life Education Visit

Dear Parent / Caregiver,

Students in K-6 will be participating in the Life Education program 'Health Harold' on Friday, 20, October and Monday, 23 October 2017 (Weeks 2 and 3). The sessions are as follows:

**Kindy** – Friday, 20 October 'My Body Matters' – *Healthy food choices, importance of physical activity, safety.*

**Year 1** – Friday, 20 October 'Safety Rules' – *Problem solving, personal safety, seeking help, how to care for others and behaviours that maintain friendships*

**Year 2** – Monday, 23 October 'Growing Good Friends' - *Unsafe behaviours, situations and environments, healthy food choices.*

**Years 3 & 4** - Monday, 23 October 'Mind Your Medicine' – *Safe and unsafe situations, medicines and consequence of misuse, peer influence and friendship, positive communication.*

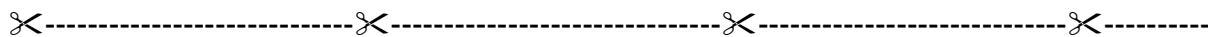
**Years 5 & 6** – Friday, 20 October 'It's Your Call' – *Definition of legal drugs, decision making, emotions, peer pressure, risk taking, problem solving, safe and appropriate use of communication technology.*

**The cost** of this activity is \$10.00 per student.

**Permission notes and money** need to be returned to the office by **Wednesday, 19 October**.

A variety of Healthy Harold merchandise is available for purchase on the day of your child's session. A price list/order form is attached which can be returned with your child's permission note should they wish to purchase merchandise.

Ms Jodie Corrigan  
Principal



## Nords Wharf Public School

### Permission note for Life Education Visit

*Return note and money to the office by Wednesday 18 October 2017.*

I/we give my permission for my child/children to participate in the Life Education visits at Nords Wharf Public School on Friday, 20 and Monday, 23 October 2017.

Child's name: \_\_\_\_\_ Class \_\_\_\_\_

Child's name: \_\_\_\_\_ Class \_\_\_\_\_

Child's name: \_\_\_\_\_ Class \_\_\_\_\_

I understand the cost is \$10 per student. I have enclosed \$\_\_\_\_\_ for payment.

\_\_\_\_\_  
Parent / Guardian Signature

/ /2017  
Date